

BCAA

• BCCA - Essential Amino Acid - Your Partner in Body Building Goal

- Helps to maintain lean muscle mass.
- Enhances body metabolism.
- Helps to promote, repair and rebuild muscle tissue.
- Ideal supplement for pre and post work out recovery.
- Gluten-free.No added artificial sweeteners.

Flavor-lemon Net Weight - 250 gm

M.R.P. Rs. 1559



CREALYTE

Crealyte - A premium blend of creatine monohydrate helps to fuel muscle growth, accelerate muscle recovery and enhance muscle endurance. It dissolves quickly and prevents bloating.

- 10g of creatine per serving.
- Helps to maintain lean body mass.
- Helps to delay fatigue. High-performance output.
- Supports energy production . Absorbs quickly and prevents bloating.
- Ideal supplement for post work out recovery.
- Increased work capacity and improved training.
- Suitable for pre-workouts

Net Weight - 300gm

M.R.P. Rs. 950



Glucogold

L-Glutamine Powder Lemon Flavor Designed for Muscle recovery L-glutamine is the most abundant amino acid found in the blood stream. It can be used in the post "workout recovery process to help manage muscle damage that can occur from intense training l-glutamine is considered to be a conditionally essential amino acid, meaning in normal and healthy environments your body produces enough l-glutamine to stay balanced.

Net Weight-180gm

M.R.P. Rs. 950



Shaker

DEHP Free Non- Toxic Plastic. Made of superior virgin plastic. Designed for extreme athletes.

Starting @ Rs199

M.R.P. Rs. 199



MADE WITH
PRIDE
IN INDIA



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Sports Health Supplements

ABOUT LACTONOVA

Lactonova Sports - India's Best Selling Sports Nutrition Supplements.

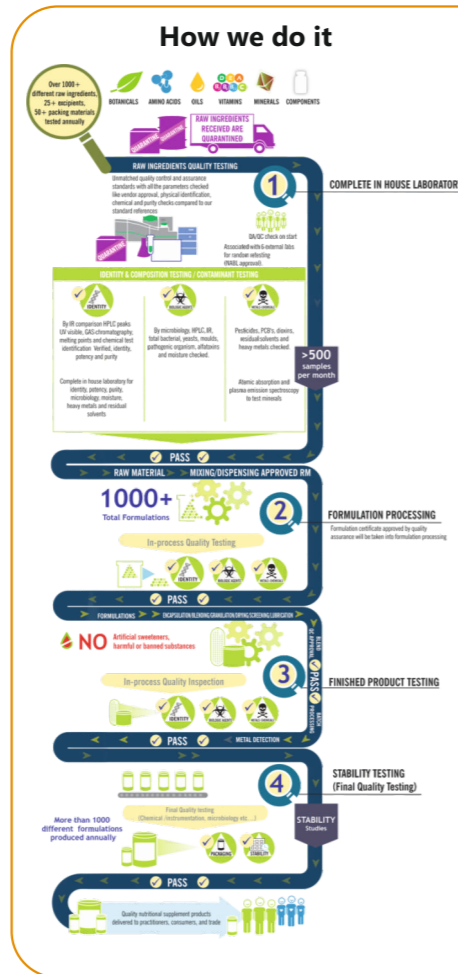
Purity at its Best



Highest Purity, Quality and the Finest Supplements you can Trust

LACTONOVA for years has set the standard by which companies in the industry are judged for product purity. Practitioners rely on Lactonova and its products as they are extremely hypo allergic, non GMO and for the bioavailability of products.

- Consistent level of quality and quality assurance
- Free from GMO (Genetically Modified Organism)
- Pristine level of high quality and stability
- Scientifically proven products, based on natural ingredients
- Over 1000+ different raw materials are tested annually



Vegete -Vegan Protein

A perfect blend of Pea & Rice with all essential amino acids including BCCA's to help you meet your protein needs.

Size - 1 LB, 2 LB Available in 3 flavor
Net Weight-1lb 2lb



M.R.P. Rs. 1325 / Rs. 2600

100% Whey LACTOWHEY

Whey Protein you can trust..!!

- 24gms of Whey Protein Concentrate
- 100% Pure Whey Protein
- Sourced from Cows not treated with Hormones
- No Artificial Sweetener Added
- Helps to increase your body's natural ability to
- Rebuild ,Repair & Slow the breakdown of muscle protein
- Supports to repair muscles, Increases& maintains lean Muscles Mass



Available Size-2lb , 5lb & in 2 Flavor **Chocolate** **Vanilla**
Net Weight-2lb 5lb

M.R.P. Rs. 3400 / Rs. 6999

Whey Protein Isolate

Whey protein isolate is a sports supplement combination of amino acids and minerals. Helps to enhance muscle density and accelerate muscle growth. Protein is critical to build and maintain muscle, recover post-workout, support immune function, stabilize energy, and help you feel fuller, longer.

Nutritional Benefits of WHEY PROTEIN ISOLATE

- 24 Grams of protein per serving.
- 5900mg of branched chain amino acids (BCAA's) per serving.
- 1 Gram of dietary fiber per serving.
- 120 calories per serving.
- Suitable for reverse weight loss.



Available in 2 Flavor **Chocolate** **Vanilla**

Net Weight-2lb 5lb

M.R.P. Rs. 3800 / Rs. 9500

CARNILITE

A fat burner supplement formulated with L- Carnitine L-Tartrate composition

CARNILITE helps to enhance your body's ability to convert fat into energy.

- L-carnitine has also been shown to improve athletic performance, including running speed, decrease oxygen consumption, heart rate, and lactic acid, and increase muscle recovery.
- L-carnitine also promotes appetite control and supports cardiovascular, reproductive, and muscle health

WEIGHT: 60 Veg Capsules



M.R.P. Rs. 1300

HYDRALITE

Hydralite a combination of electrolytes, vitamins and minerals helps to support electrolytes lost in sweat and also to support muscle endurance and recovery

- Helps to reduce fatigue. Restores energy and prevents dehydration.
- Contains 24gm of protein per serving.
- Low in calories.
- Ideal supplement for post work out recovery.
- No added artificial sweeteners.

FLAVOUR: LEMON Weight: 270gms



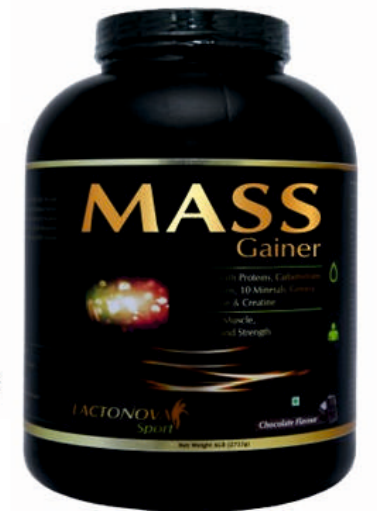
M.R.P. Rs. 600

Mass Gainer

Mass gainer contains high-quality proteins, added with plant enzymes for easy absorption and digestion. Gaining lean body mass involves a combination of strength training, which acts as a stimulus for muscle growth

- 20.7 Grams of protein per serving.
- 7.2g of healthy fats per serving.
- Added with Ginseng, a performance enhancer.
- Added with plant-based digestive enzymes.
- Added with L-Carnitine for energy boosting.
- oaded with 10 vitamins and 10 minerals.

FLAVOUR: CHOCOLATE Net Weight: 2LB 6LB



M.R.P. Rs. 1450 / Rs. 3800